

Roland Park Baseball Leagues

COVID-19 League Rules and Guidelines for Spring 2021

Effective February 18, 2021

Rules and Guidelines for Play

- Face coverings should be worn by all participants engaged in the field of play and everyone present.
- RPBL requires that coaches wear face coverings at all times when on an RPBL field.
- Each team will provide its own baseballs when fielding, rotating game balls every inning.
- All pre-game meetings, mound visits, coaches discussions, and team discussion will maintain a social distance of at least six feet.
- Umpires must call the game from a distance of at least six feet from any players, preferably behind the pitcher's mound.

Rules and Guidelines for T-Ball (Ages 5-6)

- Face coverings should be worn by all participants engaged in the field of play and everyone present.
- RPBL requires that coaches wear face coverings at all times when on an RPBL field.
- Each team will provide its own baseballs when batting.
- All pre-game meetings, coaches discussions, and team discussion will maintain a social distance of at least six feet.

Rules and Guidelines for International League (Ages 7-8)

- Face coverings should be worn by all participants engaged in the field of play and everyone present.
- RPBL requires that coaches wear face coverings at all times when on an RPBL field.
- Each team will provide its own baseballs when batting.
- All pre-game meetings, coaches discussions, and team discussion will maintain a social distance of at least six feet.

Rules and Guidelines for National League (Ages 9-10)

- Face coverings should be worn by all participants engaged in the field of play and everyone present.
- RPBL requires that coaches wear face coverings at all times when on an RPBL field.
- Each team will provide its own baseballs when in the field.
- All pre-game meetings, coaches discussions, and team discussion will maintain a social distance of at least six feet.
- The umpire will call the game from behind the pitcher's mound, maintaining a distance of at least six feet, and wear a mask.

Rules and Guidelines for American League (Ages 11-12)

- Face coverings should be worn by all participants engaged in the field of play and everyone present.
- RPBL requires that coaches wear face coverings at all times when on an RPBL field.
- Each team will provide its own baseballs when in the field.
- All pre-game meetings, coaches discussions, and team discussion will maintain a social distance of at least six feet.
- The umpire will call the game from behind the pitcher's mound, maintaining a distance of at least six feet, and wear a mask.

Rules and Guidelines for Teen League (Ages 13-15)

- Face coverings should be worn by all participants engaged in the field of play and everyone present.
- RPBL requires that coaches wear face coverings at all times when on an RPBL field.
- Each team will provide its own baseballs when in the field.
- All pre-game meetings, coaches discussions, and team discussion will maintain a social distance of at least six feet.
- The umpire will call the game from behind the pitcher's mound, maintaining a distance of at least six feet, and wear a mask.

Rules and Guidelines for Coaches

- Coaches must wear a face mask or covering at all times during RPBL activities.
- Coaches will arrive at the field at least 15 minutes prior to player arrival and mark locations for players to stow their equipment at least six feet apart. We recommend using the field fences to properly space players.
- Coaches will maintain extra hand sanitizer and masks, as well as provide helmets to any players that don't have them. These items are available upon request from the RPBL equipment coordinator.
- Coaches will avoid any RPBL activities if they exhibit any of the following symptoms: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, vomiting or nausea or diarrhea.
- If a coach feels ill or exhibits any of the symptoms above, he/she will avoid any team activities for a period of at least seven days.
- If a coach has any known or suspected exposure to another person with COVID-19, the coach must avoid RPBL activities for a period of 14 days.
- If a coach tests positive for COVID-19, he/she may not resume RPBL activities until testing negative for COVID-19 and at least seven days has elapsed since the negative test.
- Any COVID exposure or infection must be reported to the RPBL Commissioner.
- All coaches will review and comply with the Little League COVID-19 Best Practices Guide found here – www.littleleague.org/downloads/best-practices/
- Coaches must disinfect any equipment that is used by multiple players between use.
- Coaches must maintain attendance at all events to allow for accurate contact tracing (if necessary).

Rules and Guidelines for Parents

- Parents must provide their players with their own water bottle, hand sanitizer, and face covering.
- Parents must wear face coverings any time they are on the playing field and must maintain distance of at least six feet from other players, fans, and coaches.
- Parents must ensure their player has his/her own helmet. If the player does not have a helmet, please ask the coach to provide the equipment.
- Parents will keep their player away from team activities if he/she exhibits any of the following symptoms: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, vomiting or nausea or diarrhea.
- If a player has any known or suspected exposure to another person with COVID-19, this individual must avoid RPBL activities for a period of 10 days.
- If a player tests positive for COVID-19, he/she may not resume RPBL activities until testing negative for COVID-19 and at least seven days has elapsed since the negative test.
- Any COVID exposure or infection must be reported to the team's coach and the RPBL Commissioner.

Rules and Guidelines for Umpires

- Umpires must wear a mask at all times when on an RPBL field.
- Umpires will call balls and strikes from behind the pitcher's mound at a distance greater than six feet from the pitcher.
- If an umpire experiences chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, vomiting or nausea or diarrhea, he/she will not attend an RPBL event.
- If an umpire feels ill or exhibits any of the symptoms above, he/she will avoid any team activities for a period of at least seven days.
- If an umpire has any known or suspected exposure to another person with COVID-19, he/she must avoid RPBL activities for a period of 10 days.
- If an umpire tests positive for COVID-19, he/she may not resume RPBL activities until testing negative for COVID-19 and at least seven days has elapsed since the negative test.
- Any COVID infection or exposure must be reported to the League Commissioner.
- All umpires will review and comply with the Little League COVID-19 Best Practices Guide found here – www.littleleague.org/downloads/best-practices/
- Umpires will not handle any game balls. Each team will provide its own baseballs.

Rules and Guidelines for League Administration

- Require training for all coaches prior to team practices/play.
- Provide the following to each team:
 - 50 face masks
 - Two large bottles of hand sanitizer
 - One large bottle of disinfectant spray and/or wipes
- Schedule game start times at three-hour intervals to minimize gathering.
- Establish COVID-19 protocols for the league that clearly define how infections and suspected exposures are handled by parents, coaches, players, and the Leagues.
- Establish a COVID Committee to address any infection or exposure.
- Ensure if an individual has any known or suspected exposure to another person with COVID-19, this individual avoids RPBL activities for a period of 10 days.
- Require players who test positive for COVID-19 to avoid RPBL activities until they test negative for COVID-19 and at least seven days has elapsed since the negative test.